

Middle & Upper School: Girls

Must Have for P.E.

Tops - Any color except navy blue (NO LOGO, images or words on shirt) +

Athletic Pants - Always black

East Essence
[Woven Cotton Shirt](#)



Champion
[Cotton Jersey Pant](#)



Hanes
[Yoga Pants](#)



Lower School is not required to change clothes
Shoes - Athletic shoes required for P.E.